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Selected articles made freely available, including helpful slides and key points for discussion in your Journal Club. The link below provides free access to both the article and Journal Club content.

Synthetic Circulating Cell-free DNA as Quality Control Materials for Somatic Mutation Detection in Liquid Biopsy for Cancer Rui Zhang, Rongxue Peng, Ziyang Li, Peng Gao, Shiyu Jia, Xin Yang, Jiansheng Ding, Yanxi Han, Jiehong Xie, Jinming Li www.clinchem.org/content/63/9/1465

PEARLS OF LABORATORY MEDICINE

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Ian S. Young

ON THE COVER Ian Young. “When life gives you lemons, make lemonade” is an expression attributed to Dale Carnegie, who used it in his 1948 book *How to Stop Worrying and Start Living*. Ian Young is the embodiment of what Dale Carnegie wrote about. Growing up in

Belfast, Northern Ireland, Ian personally witnessed the horrors of the social war that tore apart his country. Yet, the right high school teacher and, more importantly, Ian’s can-do attitude, turned adversity into a biochemistry major from Queen’s University. While at Queen’s University, Ian showed up late to a meeting where research projects were being assigned, ending up with a project on cattle. Yet, he was able to turn what others might consider a dead end project into a subsequent exploration of the importance of free radicals in diabetes and cardiovascular disease, for which he is now internationally recognized. And that is just a small part of what you will read about in our latest *Inspiring Minds* article. (See page 1557.) ©Reproduced with permission. Artist, Martin A. Knapp.



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