

# Six of Eight Hemoglobin A<sub>1c</sub> Point-of-Care Instruments Do Not Meet the General Accepted Analytical Performance Criteria

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**BACKGROUND:** Hemoglobin A<sub>1c</sub> (Hb A<sub>1c</sub>) point-of-care (POC) instruments are widely used to provide rapid-turnaround results in diabetic care centers. We investigated the conformance of various Hb A<sub>1c</sub> POC instruments (In2it from Bio-Rad, DCA Vantage from Siemens, Afinion and Nycocard from Axis-Shield, Clover from Infopia, InnovaStar from DiaSys, A1CNow from Bayer, and Quo-Test from Quotient Diagnostics) with generally accepted performance criteria for Hb A<sub>1c</sub>.

**METHODS:** The CLSI protocols EP-10, EP-5, and EP-9 were applied to investigate imprecision, accuracy, and bias. We assessed bias using 3 certified secondary reference measurement procedures and the mean of the 3 reference methods. Assay conformance with the National Glycohemoglobin Standardization Program (NGSP) certification criteria, as calculated from analyses with 2 different reagent lot numbers for each Hb A<sub>1c</sub> method, was also evaluated.

**RESULTS:** Because of disappointing EP-10 results, 2 of the 8 manufacturers decided not to continue the evaluation. The total CVs from EP-5 evaluations for the different instruments with a low and high Hb A<sub>1c</sub> value were: In2it 4.9% and 3.3%, DCA Vantage 1.8% and 3.7%, Clover 4.0% and 3.5%, InnovaStar 3.2% and 3.9%, Nycocard 4.8% and 5.2%, and Afinion 2.4% and 1.8%. Only the Afinion and the DCA Vantage passed the NGSP criteria with 2 different reagent lot numbers.

**CONCLUSIONS:** Only the Afinion and the DCA Vantage met the acceptance criteria of having a total CV <3% in the clinically relevant range. The EP-9 results and the calculations of the NGSP certification showed significant differences in analytical performance be-

tween different reagent lot numbers for all Hb A<sub>1c</sub> POC instruments.

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Diabetes is one of the most challenging health problems of the 21st century. The International Diabetes Federation estimates that more than 250 million people around the world have diabetes (1). Currently diagnosis and follow-up are usually done in special diabetes care centers. Many patients have their blood drawn a week before they visit the physician to ensure that laboratory results are available for appropriate clinical action. By providing results rapidly following blood collection, point-of-care (POC)<sup>3</sup> instruments could minimize patient inconvenience and possibly avoid an extra visit to the clinic. Studies have confirmed that immediate feedback of hemoglobin A<sub>1c</sub> (Hb A<sub>1c</sub>) results improves glycemic control in type 1 and insulin-treated type 2 diabetic patients (2–4).

Limited information is available regarding the analytical performance of POC instruments that measure Hb A<sub>1c</sub> and whether National Glycohemoglobin Standardization Program (NGSP) certification ensures the accuracy of every instrument used in the field. The information provided by the manufacturers and the limited published data about the performance of POC Hb A<sub>1c</sub> instruments suggest that some of these instruments can compete with clinical laboratory methods in terms of analytical performance (5, 6).

The aim of this study was to evaluate all available Hb A<sub>1c</sub> POC instruments according to CLSI protocols and to check whether the instruments would pass the NGSP criteria with 2 different reagent lot numbers as judged by comparison with 3 certified IFCC and/or NGSP secondary reference

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<sup>3</sup> Nonstandard abbreviations: POC, point-of-care; Hb A<sub>1c</sub>, hemoglobin A<sub>1c</sub>; NGSP, National Glycohemoglobin Standardization Program.

measurement procedures. A manufacturer NGSP certification is performed by experienced technologists at the manufacturer's site under ideal circumstances and may not reflect the analytical performance of the instruments in the field.

## Materials and Methods

The 8 POC Hb A<sub>1c</sub> analyzers evaluated in this study were:

- The DCA Vantage<sup>TM</sup> (Siemens Medical Solutions Diagnostics, Tarrytown, NY), which is based on latex agglutination inhibition immunoassay methodology and provides results in 6 min. This is the successor of the DCA 2000<sup>TM</sup>.
- The In2it<sup>TM</sup> (Bio-Rad, Hercules, CA), which is based on affinity separation, with results available in 10 min.
- The Afinion<sup>TM</sup> (Axis-Shield, Oslo, Norway), which is based on affinity separation, with results available in 5 min.
- The Nycocard (Axis-Shield), which is based on affinity separation, with results available in 3 min.
- The Clover (Infopia, Kyunggi, Korea), which is based on affinity separation, with results available in 5 min.
- The InnovaStar (DiaSys, Holzheim, Germany), which is based on agglutination immunoassay and provides results in 11 min. At the time of this study the InnovaStar was not yet launched on the market and the manufacturer considered the outcome of this evaluation as a starting point to further improve the method.
- The A1CNow<sup>+</sup> (Bayer HealthCare, Sunnyvale, CA), which is an immunoassay with results available in 5 min.
- Quo-Test<sup>TM</sup> (Quotient Diagnostics, Surrey, UK), which is based on affinity separation and the use of fluorescence quenching, with results available in 3 min.

Apart from the Innovastar all methods were NGSP certified as of May 2009 (7).

We used the CLSI EP-10 protocol to become familiar with the instruments and to get an overall impression of performance (8). The results were sent to the manufacturers for their approval to continue with the evaluation. After we obtained manufacturer's approval, we used the CLSI EP-5 protocol to further investigate assay imprecision (duplicate measurements twice per day on 2 samples for 20 days) (9). In contrast to the other instruments, the Afinion and the Nycocard do not work with hemolyzed material. Therefore, for this purpose with those 2 instruments we used the 2 controls supplied by the manufacturer.

The CLSI EP-9 protocol was performed twice with 2 different reagent lot numbers, and was used to investigate the bias between the POC instruments and the 3 different secondary reference measurement procedures (n = 40, 5 days, duplicate measurements) (10). Hb A<sub>1c</sub> value determination of the samples was performed with 3 certified secondary reference measurement procedures:

- Roche Tina-quant Gen.2 Hb A<sub>1c</sub> on Integra 800, immunoassay, IFCC and NGSP certified (Roche Diagnostics).
- Primus Ultra<sup>2</sup>, affinity chromatography HPLC, IFCC and NGSP certified (Primus Diagnostics, a Trinity Biotech Company).
- Tosoh G7, cation-exchange HPLC, IFCC certified (Tosoh Bioscience N.V./S.A.).

The secondary reference measurement procedures have documented good results in the IFCC and NGSP monitoring program and were calibrated by using the IFCC secondary reference material with assigned IFCC and derived NGSP values (11–13). To check overall calibration and bias independently of the chosen secondary reference method, the results of the POC instruments in the EP-9 procedure were compared to the mean of the 3 reference measurement procedures. The overall differences in slope and intercept of the regression lines with respect to the 2 reagent lot numbers used were tested by Chow statistics in SPSS version 16.0 with a univariate general linear model that incorporated an interaction-term (lot number \* method). A *P* value of the interaction-term of <0.05 was considered as statistically significant (14).

The results of the EP-9 protocol were also used to calculate the NGSP certification criteria with 2 reagent lot numbers and 3 different reference measurement procedures. The 95% CI of the differences between methods (test method and reference method) should fall within  $\pm 0.85\%$  Hb A<sub>1c</sub> to pass the NGSP criteria. We used the formula: Total error = bias  $\pm$  1.96  $\times$  SD of differences (15).

## STATISTICS

We performed computations using Microsoft<sup>®</sup> Excel 2002 (Microsoft Corporation) software. Statistical analyses were also performed with the software package Analyse-It<sup>®</sup> (Analyse-It Software), EP Evaluator Release 8 (David G. Rhoads Associates) (16) and SPSS version 16.0 (SPSS).

## Results

Two of the 8 manufacturers (local distributor of the A1CNow instrument, and Quotient Diagnostics of the

**Table 1. EP-5 total CV imprecision results from the different POC instruments.**

	In2it	DCA Vantage	Clover	InnovaStar	Nycocard	Afinion
Patient sample 1	4.9% (5.1%) <sup>a</sup>	1.8% (5.1%)	4.0% (5.0%)	3.2% (5.2%)	4.8% (4.8%)	2.4% (4.7%)
Patient sample 2	3.3% (11.2%)	3.7% (11.2%)	3.5% (11.9%)	3.9% (11.5%)		
Nycocard normal control					5.3% (6.1%)	
Nycocard abnormal control					5.2% (11.6%)	
Afinion control CI						1.4% (6.3%)
Afinion control CII						1.8% (8.2%)

<sup>a</sup> Hb A<sub>1c</sub> value of the sample/control are in parentheses.

Quo-Test instrument) concluded that the EP-10 outcome data did not warrant progression to the EP-5 and EP-9 protocols and decided to discontinue the study (data not shown). At the time of this study, the Quo-Test was a prelaunch instrument and was still in development. The bias found with the EP-10 protocol of the A1CNOW was probably due to EDTA interference problems. Normally Hb A<sub>1c</sub> POC instruments are used to measure Hb A<sub>1c</sub> directly in capillary blood. Both methods were NGSP certified.

The results of the EP-5 protocol are shown in Table 1. Imprecision ranged from 1.4% CV at an Hb A<sub>1c</sub> value of 6.3% for the Afinion to 5.3% CV at an Hb A<sub>1c</sub> value of 6.1% for the Nycocard.

The results of the EP-9 protocol are shown in Table 2, along with the calculations of the NGSP certification criteria and associated *P* values. The different POC instruments were compared to the 3 reference measurement procedures with 2 different reagent lot numbers. None of the instruments passed the NGSP criteria with 2 lot numbers compared with 3 reference methods. Only the DCA Vantage and the Afinion passed the current NGSP criteria with 2 different lot numbers when compared with just 1 reference method that had the same measurement principle. Based on the Chow-statistics testing for differences in regression lines with respect to the lot numbers used, all regression lines except In2it vs Tina-quant were statistically significantly different (Table 2).

The graphs of the comparisons between the different POC instruments with 2 reagent lot numbers and the mean of the 3 reference measurement procedures are shown in Fig. 1. In addition to the Chow-statistics, which demonstrated between-lot differences in the regression lines, the differences in mean bias between the lot numbers of all instruments seen in Fig. 1 reflected lot number instability, and were largest for the Clover

(Clover 0.82, DCA Vantage 0.36, Nycocard 0.29, In2it 0.23, Afinion 0.18, InnovaStar 0.15).

## Discussion

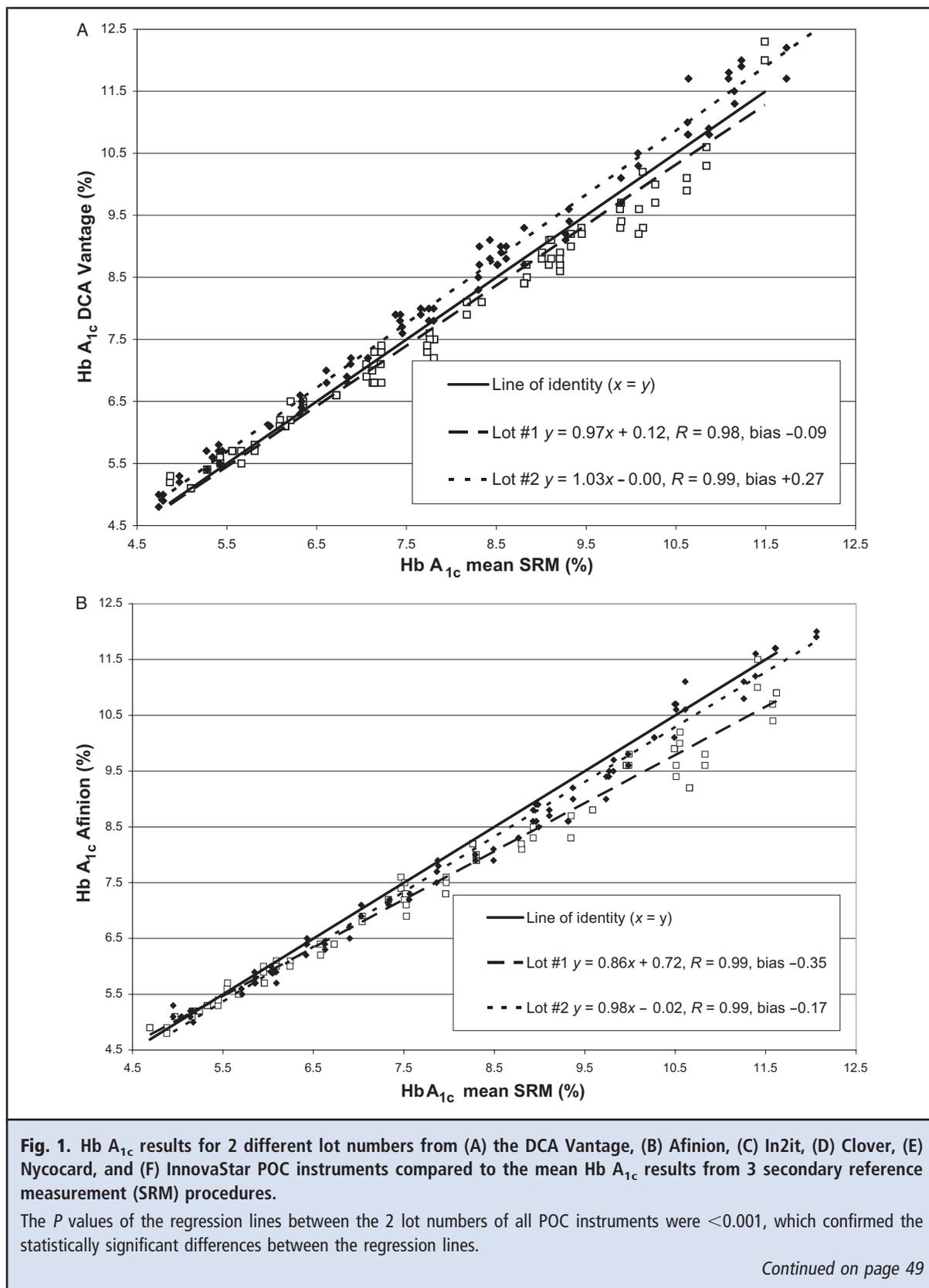
There is demonstrated benefit in using POC instruments for the measurement of Hb A<sub>1c</sub> in certain clinical situations (2–4), but recently concerns have been raised about the performance of NGSP-certified POC instruments compared with laboratory-based methods (17). The overall imprecision as determined by means of an EP-5 protocol is very important for interpretation of Hb A<sub>1c</sub> results (variability in the patient vs analytical variability). The Diabetes Complication Control Trial found that a 10% reduction in Hb A<sub>1c</sub> levels resulted in a 43%–45% lowering of risk of retinopathy (18). For optimal clinical monitoring and for effective differentiation of an Hb A<sub>1c</sub> of 7.0% from that of 7.6% an imprecision of <2% CV is required, assuming an intraindividual biological variation of 2% (19, 20). This criterion is very strict, however, and difficult to meet, even for certain laboratory-based methods (immunoassays). It would therefore seem inappropriate to impose this goal on POC testing devices measuring Hb A<sub>1c</sub>. Currently, an imprecision of <3% CV is a more realistic, though not optimal goal (21). Only the Afinion and the DCA Vantage were able to meet this criterion in the clinically relevant range (Table 1). The acceptable CVs of these 2 methods make them potentially equivalent to laboratory-based methods, if the problem of lot number instability is resolved and assured.

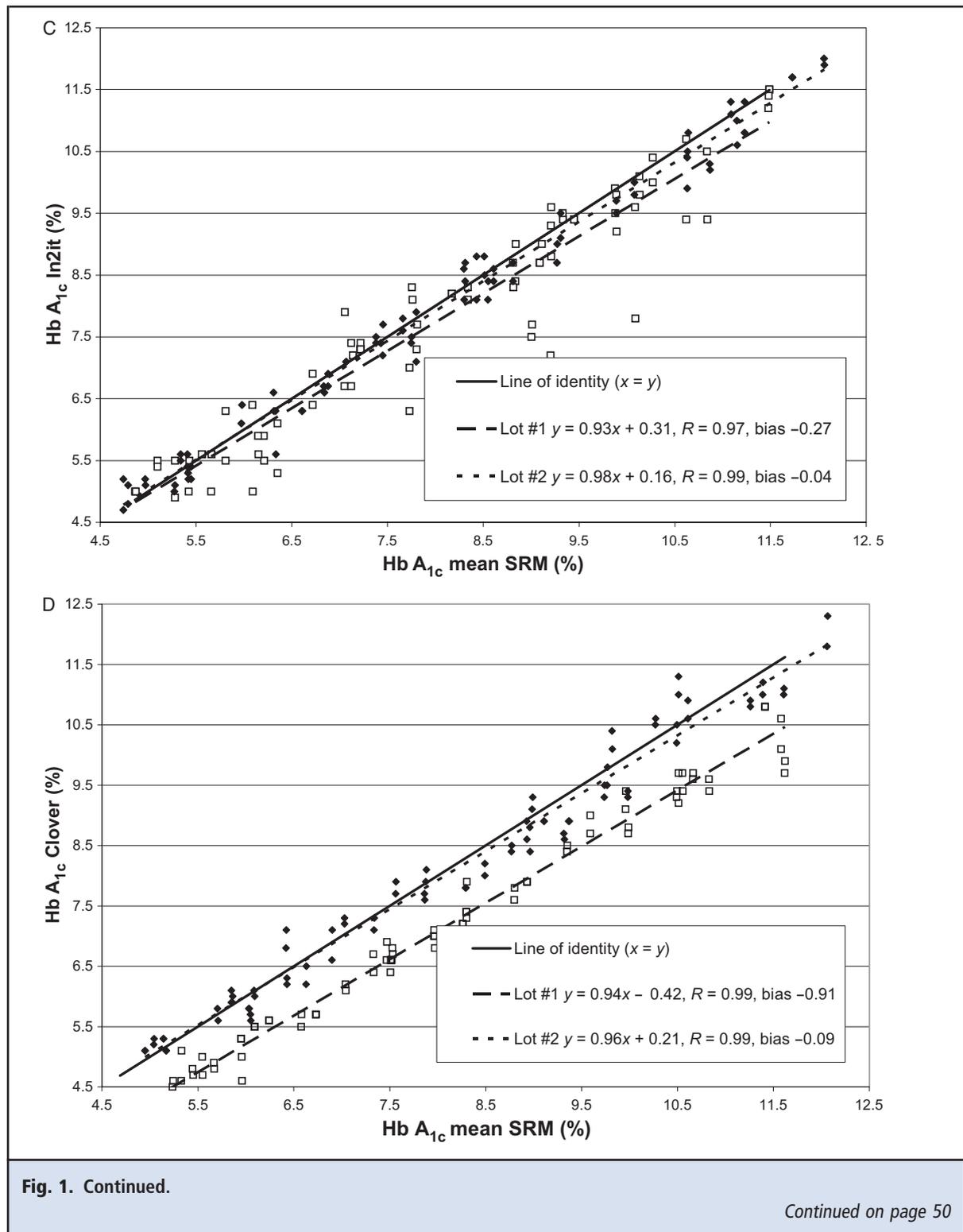
All of the instruments showed statistically significantly different regression lines for the different lot numbers compared to the mean of the 3 reference methods (Fig. 1). The calibration of the In2it is adequate but the variability of the instrument reflected by a high total CV in the EP-5 protocol, and a high standard error of estimates with the first lot number is still a matter of concern. The second lot number gave better

**Table 2. EP-9 results, calculations of NGSP certification criteria and P values calculated with Chow statistics to test for the overall differences in slope and intercept per method for reagent lot number 1 and 2.<sup>a</sup>**

Linear regression lines	Lot number 1	Bias	SD of difference	Total error	NGSP criteria	Lot number 2	Bias	SD of difference	Total error	NGSP criteria	P value
In2it (y)											
vs Ultra <sup>2</sup> (x) <sup>a</sup>	$y = 0.95x + 0.26$	-0.071	0.414	-0.88	Fail	$y = 0.96x + 0.24$	-0.040	0.265	-0.60	Pass	<0.001
vs Tina-quant (x)	$y = 0.93x + 0.36$	-0.160	0.454	-1.05	Fail	$y = 0.93x + 0.48$	-0.112	0.338	-0.77	Pass	0.061
vs Tosoh G7 (x)	$y = 0.93x + 0.22$	-0.300	0.460	-1.20	Fail	$y = 0.98x + 0.06$	0.113	0.310	-0.72	Pass	<0.001
DCA V. (y)											
vs Ultra <sup>2</sup> (x)	$y = 0.92x + 0.59$	-0.056	0.343	-0.73	Pass	$y = 1.04x + 0.03$	0.316	0.286	0.88	Fail	<0.001
vs Tina-quant (x) <sup>a</sup>	$y = 0.92x + 0.50$	-0.141	0.298	-0.73	Pass	$y = 1.00x + 0.24$	0.244	0.248	0.73	Pass	<0.001
vs Tosoh G7 (x)	$y = 0.97x - 0.01$	-0.310	0.290	-0.88	Fail	$y = 1.06x - 0.21$	0.244	0.282	0.80	Pass	<0.001
Afinion (y)											
vs Ultra <sup>2</sup> (x) <sup>a</sup>	$y = 0.88x + 0.66$	-0.230	0.318	-0.85	Pass	$y = 1.00x - 0.14$	-0.122	0.213	-0.54	Pass	<0.001
vs Tina-quant (x)	$y = 0.83x + 0.94$	-0.427	0.473	-1.35	Fail	$y = 0.96x + 0.11$	-0.176	0.258	-0.68	Pass	<0.001
vs Tosoh G7 (x)	$y = 0.87x + 0.63$	-0.390	0.410	-1.19	Fail	$y = 0.98x - 0.08$	-0.224	0.284	-0.78	Pass	<0.001
Nycocard (y)											
vs Ultra <sup>2</sup> (x) <sup>a</sup>	$y = 0.94x + 0.89$	0.405	0.406	1.20	Fail	$y = 0.94x + 0.56$	0.057	0.335	0.71	Pass	<0.001
vs Tina-quant (x)	$y = 0.88x + 1.18$	0.212	0.505	1.20	Fail	$y = 0.90x + 0.81$	0.003	0.403	0.79	Pass	<0.001
vs Tosoh G7 (x)	$y = 0.93x + 0.83$	0.240	0.440	1.10	Fail	$y = 0.92x + 0.62$	-0.050	0.380	-0.79	Pass	<0.001
Clover (y)											
vs Ultra <sup>2</sup> (x) <sup>a</sup>	$y = 0.96x - 0.45$	-0.792	0.251	-1.28	Fail	$y = 0.98x + 0.12$	-0.037	0.299	-0.62	Pass	<0.001
vs Tina-quant (x)	$y = 0.90x - 0.18$	-0.985	0.345	-1.66	Fail	$y = 0.94x + 0.38$	-0.090	0.371	-0.82	Pass	<0.001
vs Tosoh G7 (x)	$y = 0.94x - 0.51$	-0.950	0.310	-1.56	Fail	$y = 0.96x + 0.20$	-0.140	0.370	-0.86	Fail	<0.001
InnovaStar (y)											
vs Ultra <sup>2</sup> (x)	$y = 0.89x + 0.57$	-0.277	0.399	-1.06	Fail	$y = 0.99x - 0.09$	-0.158	0.374	-0.89	Fail	<0.001
vs Tina-quant (x) <sup>a</sup>	$y = 0.84x + 0.82$	-0.470	0.490	-1.43	Fail	$y = 0.96x + 0.13$	-0.231	0.356	-0.93	Fail	<0.001
vs Tosoh G7 (x)	$y = 0.89x + 0.46$	-0.437	0.372	-1.17	Fail	$y = 0.98x - 0.06$	-0.261	0.358	-0.96	Fail	<0.001

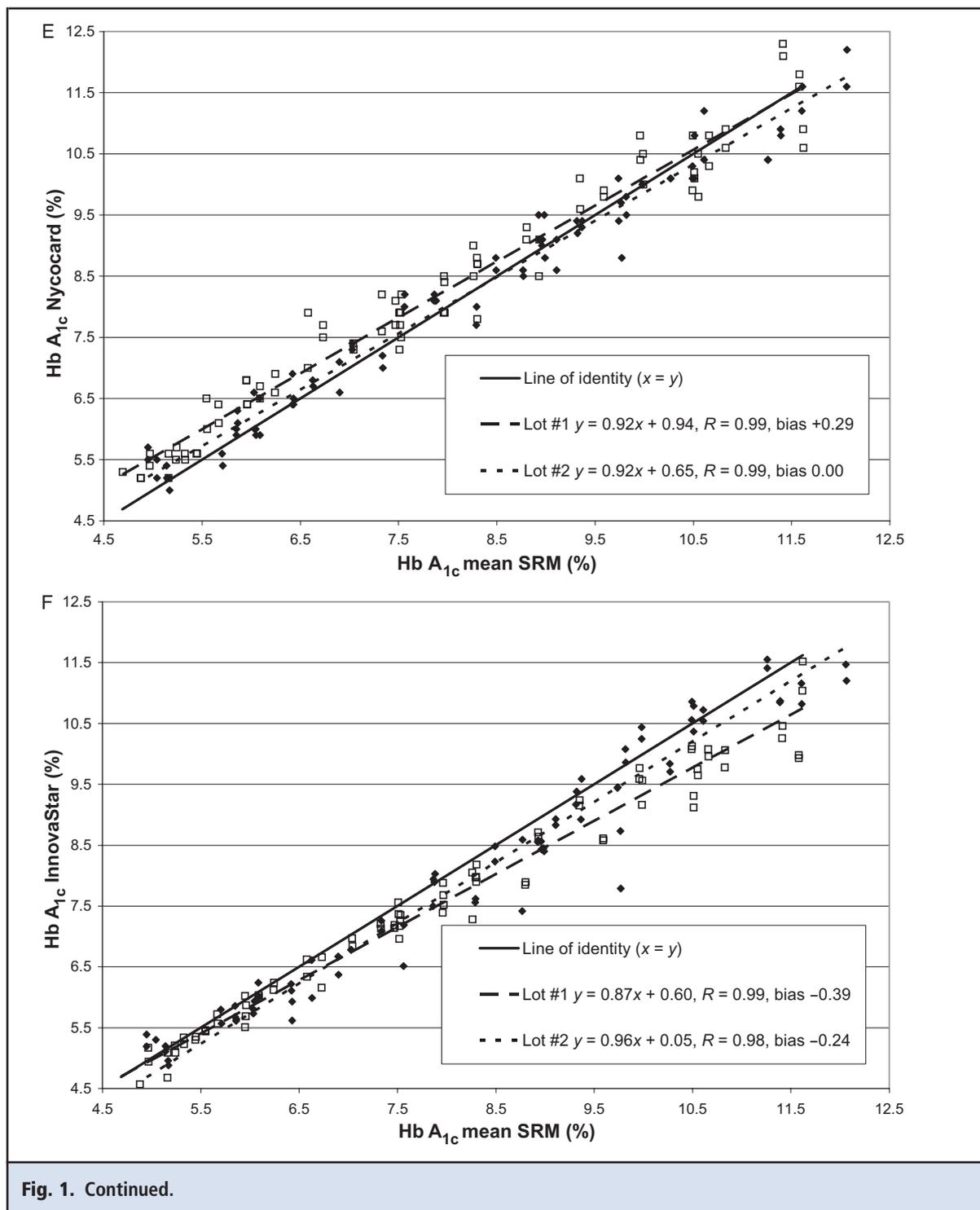
<sup>a</sup> This row has the same measurement principle as investigated POC method.





results. Unfortunately, it is impossible to predict whether the precision of a particular reagent lot num-

ber is acceptable because no duplicate measurements are run routinely with POC-instruments.



The first reagent lot number of the DCA Vantage showed slightly lower results in the clinically relevant range with a low variability (1.8% CV) and higher results in the high range with higher variability (3.7% CV). A

recent evaluation of the DCA Vantage also showed lower results compared with the laboratory method; therefore adjustment of the calibration by the manufacturer was justified (22). However, Fig. 1A shows that the manufac-

turer of the DCA Vantage may have overcompensated in adjusting the calibration of the second lot number.

The Afinion also demonstrated a calibration problem. The results were consistently lower than the results from the reference methods, independent of the lot number used.

The Nycocard system showed the worst imprecision of all the systems (Table 1) raising questions regarding its suitability for clinical use. The manual nature of this test may possibly explain the poor precision. The CVs presented here were obtained by the work of an experienced technologist and would likely be worse if the method were used by many different inexperienced personnel. However, the Nycocard passed the NGSP criteria with the second lot number compared with 3 reference methods. The bias of the second lot number was very small, which allowed a higher SD of differences.

The lot number dependency of the Clover was unacceptable (Fig. 1D), and the total imprecision was also too high for optimal clinical use. Because of the poor results seen with the first lot number, the software version of the instrument was successfully updated. All results of the controls were within the limits provided by the manufacturer, whereas the patient results of the first lot number proved to be too low. As a possible way to address such problems, manufacturers should be encouraged to narrow the range of acceptable values for provided QC materials sufficiently to enable users to meet the requirements for good clinical test results.

The InnovaStar method was still under development at the time of this study. The manufacturer regarded the outcome of this study as a starting point to further improve the method. In general lower results were obtained compared with the reference methods.

The measurement principle used with 5 of the 8 methods was affinity separation. This measurement principle is well accepted as being free of interference from hemoglobin variants, a very important attribute for use in areas of the world with a high prevalence of hemoglobinopathies. Healthcare professionals must be aware of potential interferences of rare hemoglobin variants, especially when they use immunoassay-based POC instruments (23, 24).

The NGSP uses 1 comparative secondary reference method for certification, which is usually the same method type. The NGSP also states that manufacturer certification is performed only once per year with 1 lot of reagent and it is up to the manufacturer to ensure consistency among different lots (7, 15). Passing or failing outcomes for NGSP certification of the tested POC methods are clearly dependent on lot number and reference method (Table 2). The NGSP criterion

(which specifies that the 95% CI of the differences between methods should fall within  $\pm 0.85\%$  Hb A<sub>1c</sub>) will be tightened to  $\pm 0.75\%$  Hb A<sub>1c</sub> by January 2010 (25). When this criterion is taken into account, only 9 of the 36 comparisons would pass NGSP criteria and only the DCA Vantage would pass it with 2 different lot numbers compared with just 1 reference method.

The reproducibility of the production of the different reagent lots of the POC instruments investigated appears inadequate at this moment for optimal clinical use of the test results. A manufacturer NGSP certification does not guarantee accuracy of a result produced in the field. We often observed significant differences between lots of reagents in this study. The Nycocard instrument data demonstrated that it is possible to pass the NGSP criteria while the total CV is  $>5\%$ . Adjustments or additions to the criteria might be considered by the NGSP. For example, we believe the SD of differences should not exceed  $0.30\%$  Hb A<sub>1c</sub>. However, a manufacturer NGSP certification is still necessary and is an important tool to prove the optimal analytical performance of a method. In addition users of POC instruments should be required to run daily controls with tight ranges and, as with any Hb A<sub>1c</sub> method, users should participate in external proficiency-testing schemes.

It is important that the limitations of current POC instruments and laboratory methods be understood by healthcare professionals, because these limitations may have important clinical implications. Clinical chemists can play a valuable role by providing healthcare professionals with the information they need (measurement uncertainty) to properly interpret laboratory and POC Hb A<sub>1c</sub> results.

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**Author Contributions:** All authors confirmed they have contributed to the intellectual content of this paper and have met the following 3 requirements: (a) significant contributions to the conception and design, acquisition of data, or analysis and interpretation of data; (b) drafting or revising the article for intellectual content; and (c) final approval of the published article.

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**Role of Sponsor:** The manufacturers provided all instruments and reagents at no cost. The evaluation protocol was designed by the authors and sent to the manufacturers for comments when they were invited to join the evaluation. None of the manufacturers had comments on the design of the study. The manufacturers had the right to discontinue the evaluation after the EP-10 was finished. The manufacturers played no role in the review and interpretation of data or preparation or approval of manuscript, and had no rights to refusal for publication of the data. The funding organizations played no role in the design of study, choice of enrolled patients, review and interpretation of data, or preparation or approval of manuscript.

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