

# Stability of 11-Nor- $\Delta^9$ -carboxy-tetrahydrocannabinol Glucuronide in Plasma and Urine Assessed by Liquid Chromatography–Tandem Mass Spectrometry

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**Background:** Unconjugated 11-nor- $\Delta^9$ -carboxy-tetrahydrocannabinol (THCCOOH) in blood and urine has been proposed as a valuable marker, but the glucuronide (THCCOOglu) is present in considerably higher concentrations than the parent drug. Acyl glucuronides have been shown to be potentially reactive conjugates, which may affect the *in vitro* metabolite pattern.

**Methods:** Extraction procedures and a liquid chromatography–tandem mass spectrometry assay were developed and validated to investigate the stability of THCCOOglu in urine and plasma. Plasma and urine samples with added THCCOOglu were stored at  $-20$ ,  $4$ ,  $20$ , and  $40$  °C up to 10 days.

**Results:** The glucuronide was stable at  $-20$  °C in both matrices, whereas THCCOOglu concentrations decreased at all other storage conditions. For a given storage time and temperature, the decrease in plasma was higher than that in urine. At  $20$  °C, a marked change in concentration could be observed within 2 days of storage. Degradation of THCCOOglu followed an apparent first-order process and led to the formation of THCCOOH. The sum of the molar concentrations of both analytes corresponded only to the initial THCCOOglu in plasma and urine samples stored at  $4$  °C.

**Conclusions:** The *in vitro* degradation of THCCOOglu prevents clinical conclusions based on the metabolite pattern or the concentration of unconjugated THCCOOH in samples stored at  $\geq 4$  °C for prolonged periods.

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In clinical and forensic chemistry, drug stability during storage is an important consideration for the interpretation of drug concentration or its metabolite pattern. A few studies on the stability of cannabinoid components have been performed in authentic plasma or urine samples as well as in drug-free specimens to which cannabinoids had been added (1–9).

In stored blood samples, mainly  $\Delta^9$ -tetrahydrocannabinol (THC)<sup>3</sup> has been investigated because it represents the major psychoactive constituent of hashish and marijuana (1–3). The amount of 11-nor- $\Delta^9$ -carboxy-tetrahydrocannabinol glucuronide (THCCOOglu) has been estimated from the difference of total and free 11-nor- $\Delta^9$ -carboxy-tetrahydrocannabinol (THCCOOH), with the ratio ranging from 2:1 to 1:10 (10, 11). Recently the amount of unconjugated THCCOOH has been proposed as a criterion to classify heavy, frequent drug consumption (12, 13). Mathematical models have been presented to predict the time of marijuana exposure or the degree of impairment based on the analyte profile (13, 14).

In urine samples, THCCOOH was predominantly chosen as the target analyte representing the major metabolite of THC excreted in urine (15), although THCCOOH exists primarily as the glucuronide (16). Free THCCOOH is present in minute amounts in urine for only a few days after marijuana smoking (17). Therefore, its detection was suggested as an indication of recent consumption (17, 18).

THCCOOglu is an ester-linked  $\beta$ -glucuronide, and acyl glucuronides have been shown to be generally unstable (19, 20). These findings led us to investigate whether free THCCOOH, which is proposed as a valuable marker for interpretation, may be liberated from THC-

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<sup>3</sup> Nonstandard abbreviations: THC,  $\Delta^9$ -tetrahydrocannabinol; THCCOOH, 11-nor- $\Delta^9$ -carboxy-tetrahydrocannabinol; THCCOOglu, 11-nor- $\Delta^9$ -carboxy-tetrahydrocannabinol glucuronide; LC-MS/MS, liquid chromatography–tandem mass spectrometry; and MRM, multiple reaction monitoring.

COOglu during storage or transport to the laboratory. The stability of THCCOOglu in blood and urine has not been thoroughly investigated. Suitable analytical techniques are now available to analyze such compounds directly. Therefore, the aim of the present study was to develop and validate a liquid chromatography–tandem mass spectrometry (LC-MS/MS) method for the simultaneous determination of free and glucuronidated THCCOOH in plasma and urine and to apply this method to a study of the short-term stability of THCCOOglu as a function of storage time and temperature.

### Materials and Methods

#### EXPERIMENTAL DESIGN

Drug-free samples of urine (pH 6.2; 1040 mg/L creatinine) and heparinized fresh whole blood (150 mL; S-Monovette; Sarstedt) were obtained from a single healthy volunteer, and plasma was separated from blood after centrifugation. We added 300 and 400  $\mu\text{g/L}$ , respectively, to the plasma and urine samples. To suppress bacterial growth in urine samples, we added 1 g/L sodium azide as a preservative. Aliquots (2.5 mL) of samples with added THCCOOglu were placed in crimp-top vials (type I glass A, aluminum seals, and Teflon liners) and stored protected from light up to 10 days as outlined in Table 1. The samples were heated to 40 °C to calculate additional kinetic data. The storage temperature was monitored by a microprocessor-controlled meter. Determination of bound and free THCCOOH in each experimental sample involved liquid–liquid or solid-phase extraction procedures and analysis by LC-MS/MS in the multiple-reaction monitoring (MRM) mode.

#### CHEMICALS

Deuterated and nondeuterated THCCOOglu (10 mg/L) was purchased from Alltech Associates, and deuterated (100 mg/L) and nondeuterated (1 g/L) THCCOOH was supplied by Cerilliant. For solid-phase extraction, HF Bond Elut Certify extraction columns (300 mg) were used (Varian). Acetonitrile, methanol, acetone, acetic acid, ammonium hydroxide, and ammonium acetate were from Roth. Diisopropyl ether was supplied by Merck, and doubly distilled water was obtained from Braun. All chemicals were of HPLC or analytical grade.

**Table 1. Storage conditions for supplemented plasma and urine.**

Matrix	Storage temperature, °C	Analysis time post storage, days
Urine	–20	0, 10
	4	0, 2, 4, 6, 8, 10
	20	0, 2, 4, 6, 8, 10
	40	0, 1, 2, 3, 4, 6
Plasma	–20	0, 10
	4	0, 2, 4, 6, 8, 10
	20	0, 1, 2, 3, 4, 5, 6, 8, 10
	40	0, 1, 2, 3, 4, 5, 6

#### SAMPLE PREPARATION

**Plasma.** Deuterated calibrators (50 ng of THCCOOglu- $\text{d}_3$  and 50 ng of THCCOOH- $\text{d}_3$ ) and 500  $\mu\text{L}$  of water were added to 500  $\mu\text{L}$  of plasma containing THCCOOglu. After vortex-mixing (60 s), the samples were centrifuged for 10 min at 3000g, and the supernatant was transferred to the preconditioned (3 mL of methanol, 3 mL of water) extraction column. After the samples had passed through the bed by gravity, the column was washed with 500  $\mu\text{L}$  of water. After the addition of 40  $\mu\text{L}$  of acetone, the sorbent was dried for 30 min under reduced pressure (80 mmHg). The analytes were eluted with 1500  $\mu\text{L}$  of methanol, transferred to a silanized vial, and evaporated to dryness under nitrogen at 40 °C. The residue was reconstituted in 50  $\mu\text{L}$  of the mobile phase, and 10  $\mu\text{L}$  was injected into the LC-MS/MS system.

**Urine.** Deuterated calibrators (100 ng of THCCOOglu- $\text{d}_3$  and 100 ng of THCCOOH- $\text{d}_3$ ) and 25  $\mu\text{L}$  of acetic acid were added to 500  $\mu\text{L}$  of urine containing THCCOOglu. After vortex-mixing (60 s), 1000  $\mu\text{L}$  of diisopropyl ether was added, and the mixture was vigorously shaken for 20 min. The mixture was centrifuged for 10 min at 3000g, and 900  $\mu\text{L}$  of the clear supernatant was transferred to a silanized vial and processed as described for plasma.

For both extraction procedures, we investigated the stability of THCCOOglu during sample preparation and injection by analyzing three plasma and three urine samples fortified with 500  $\mu\text{g/L}$  THCCOOglu.

#### LC-MS/MS ANALYSIS

Analysis was performed using a API 365 mass spectrometer (Applied Biosystems) with a TurboIon ionization source operated in the positive-ion mode. The device was interfaced to a quaternary HPLC pump equipped with an autosampler (series 200; Perkin-Elmer). The samples were chromatographed on a Zorbax Eclipse XDB C8 column [150  $\times$  2.1 mm (i.d.); particle size, 5  $\mu\text{m}$ ; Ziemer] with acetonitrile–methanol–20 mmol/L ammonium acetate buffer, pH 4.0 (41:41:18 by volume) as the mobile phase at a flow rate of 270  $\mu\text{L}/\text{min}$ . All LC-MS/MS data were recorded in the MRM mode. Quantification was based on the most prominent parent-product transitions: for THCCOOglu,  $m/z$  521 $\rightarrow$ 345; for THCCOOglu- $\text{d}_3$ ,  $m/z$  524 $\rightarrow$ 348; for THCCOOH,  $m/z$  345 $\rightarrow$ 327; for THCCOOH- $\text{d}_3$ ,  $m/z$  348 $\rightarrow$ 330 (Apple Macintosh G3 Power PC with Masschrom 1.1.1 software; Applied Biosystems). Internal standard calibration was based on the peak-area ratio of the particular analyte and its respective internal standard, which was referenced to the calibration curve. The six-point calibration curve covered a concentration range of 10–500  $\mu\text{g/L}$  for each analyte in plasma or urine (calibrators: 10, 20, 50, 100, 200, and 500  $\mu\text{g/L}$  of plasma or urine and a blank).

#### DATA ANALYSIS

The calibration lines were assessed for linearity of response by regression analysis. The limit of detection and the limit of

quantification were determined from the calibration curve according to DIN 32645 (21). Recovery was tested by repeated extractions ( $n = 10$ ) of drug-free plasma and urine to which 10 or 500  $\mu\text{g/L}$  of THCCOOglu and THCCOOH had been added. Precision was based on plasma or urine samples to which 100  $\mu\text{g/L}$  of each analyte had been added ( $n = 10$ ) analyzed on 5 different days. The SD derived from these data was used to establish the stability of the glucuronide. The compound was considered stable for a specified time period if the difference between the initial concentration,  $c_0$ , and the concentration,  $c_t$ , did not exceed the critical difference  $d$ :  $d = c_0 - c_t \leq 2 \cdot \sqrt{2} \cdot \text{SD}$  (22). The extraction efficiency for THCCOOH and its glucuronide was calculated by comparing the peak areas of extracted calibrators with the peak areas of calibrators injected directly into the LC-MS/MS system. Each series was run in duplicate, and all samples were extracted three times. Values given are the means ( $n = 6$ ).

The reaction kinetics were investigated by graphic representation. In apparent first-order reaction kinetics, the rate constant for the hydrolysis of THCCOOglu was obtained from the slope of the linear regression line obtained by plotting the natural logarithm of the drug concentration vs the time of storage.

### Results

Representative chromatograms of extracted plasma samples are shown in Fig. 1. The retention time was 2.48 min

for THCCOOglu and 4.01 min for THCCOOH. A 7-min run was sufficient to elute both analytes and all endogenous compounds. The stability of THCCOOglu for both extraction procedures and during injection into the LC-MS/MS system was ensured. THCCOOH was not detectable in any of these samples. The mean recoveries for THCCOOglu and THCCOOH were 43% and 75%, respectively, for plasma and 52% and 87%, respectively, for urine. With concentrations of 10–500  $\mu\text{g/L}$  a strong linear relationship was observed for both analytes ( $r > 0.99$ ). Data for recovery, precision, limit of detection, and limit of quantification are summarized in Table 2.

THCCOOglu appeared to be stable in both urine and plasma samples at a storage temperature of  $-20^\circ\text{C}$  during the entire observation period. At any other storage temperature chosen, the concentration of THCCOOglu decreased steadily during the observation period (Fig. 2).

The rate of degradation increased in plasma and urine samples with increasing temperature (Fig. 2). At a given temperature the decrease in THCCOOglu concentration was higher in plasma than in urine. For example,  $\sim 25\%$  of the initial concentration of THCCOOglu was detectable in plasma on day 10 at a storage temperature of  $20^\circ\text{C}$ , whereas in urine  $\sim 50\%$  was still present. In samples stored at 4, 20, and  $40^\circ\text{C}$ , THCCOOglu degraded by an apparent first-order process. The rate constants for THCCOOglu degradation in plasma and urine are given in Table 3.

As expected, degradation of THCCOOglu during stor-

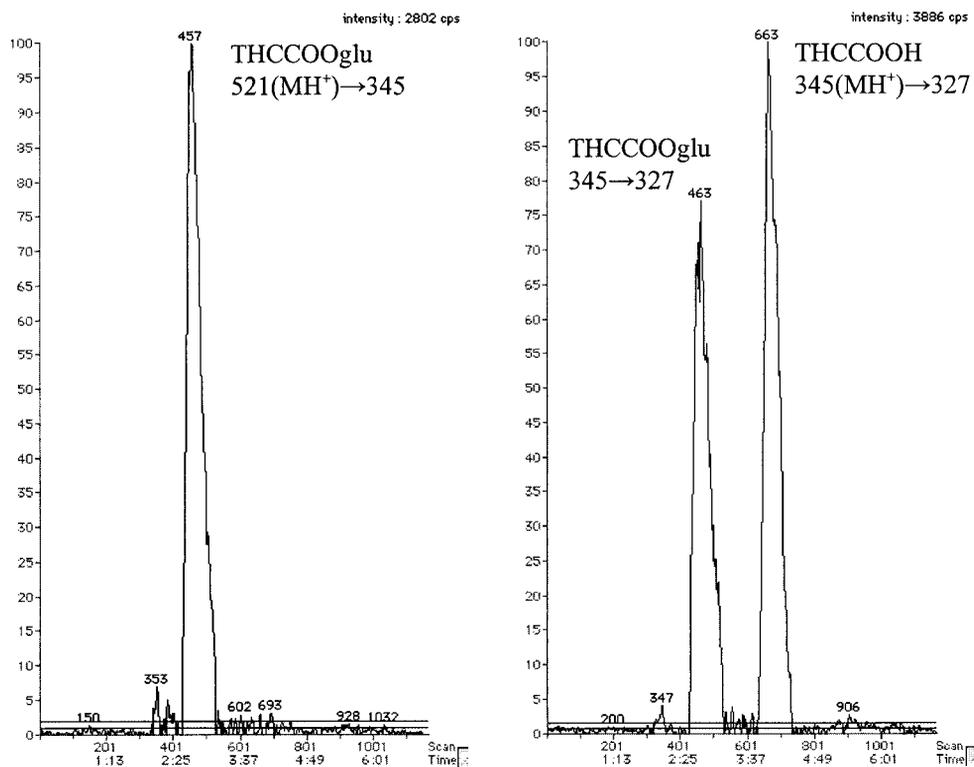


Fig. 1. LC-MS/MS chromatograms of a plasma extract (100  $\mu\text{g/L}$  THCCOOglu and THCCOOH). MRM transitions are indicated.

**Table 2. Analytical recovery (mean  $\pm$  SD), precision (100  $\mu\text{g/L}$ ; CV, %), limit of detection, and limit of quantification of the assay for THCCOOglu and THCCOOH in plasma and urine.**

Matrix	Analyte	Recovery (mean $\pm$ SD), $\mu\text{g/L}$	CV, %		LOD, <sup>a</sup> $\mu\text{g/L}$	LOQ, $\mu\text{g/L}$
			Within-run	Between-run		
Urine	THCCOOH		2.0	4.1	1.4	6.0
	10 $\mu\text{g/L}$	10.2 $\pm$ 0.5				
	500 $\mu\text{g/L}$	499.5 $\pm$ 3.4				
	THCCOOglu		2.6	3.7	1.4	6.6
Plasma	10 $\mu\text{g/L}$	10.4 $\pm$ 0.9				
	500 $\mu\text{g/L}$	500.1 $\pm$ 6.1				
	THCCOOH		1.8	4.4	0.6	2.4
	10 $\mu\text{g/L}$	10.6 $\pm$ 0.5				
	500 $\mu\text{g/L}$	501.5 $\pm$ 8.6				
	THCCOOglu		1.9	5.3	1.1	4.5
	10 $\mu\text{g/L}$	10.3 $\pm$ 0.6				
	500 $\mu\text{g/L}$	504.0 $\pm$ 9.0				

<sup>a</sup> LOD, limit of detection; LOQ, limit of quantification.

age led to the formation of THCCOOH. Formation of free THCCOOH increased with increasing storage temperature in both plasma and urine (Fig. 3). At 20 and 40 °C, higher amounts of THCCOOH were liberated from its glucuronide in urine compared with plasma. However, the sum of the molar concentrations of bound and free THCCOOH at any time interval of storage corresponded to the initial concentration of THCCOOglu only in plasma and urine samples stored at 4 °C.

### Discussion

The analytical procedures described for the isolation and quantification of THCCOOglu and THCCOOH in plasma and urine were very rapid and offered a low limit of quantification and excellent precision when applied to a large number of specimens. The use of deuterated internal standards corrected for the overall extraction efficiency, which averaged 43% and 52% for THCCOOglu in plasma and urine, respectively. A major advantage of the present method was the ability to analyze samples for the un-

changed compound directly. We found only one published report (23) describing the measurement of THCCOOglu in urine that used a method developed with authentic urine samples, apparently because of the lack of appropriate standards for THCCOOglu. Until now, the classic procedure was to assay samples for THCCOOH by gas chromatography–mass spectrometry and then, after a hydrolytic procedure, to determine the “total” drug. The amount of conjugated drug was calculated from the difference of the two procedures. However, the results obtained by this method may be influenced by chemical hydrolysis/degradation of the drug itself or incomplete enzymatic hydrolysis. In authentic serum samples, different concentrations of THCCOOH have been observed after different extraction procedures, which has been attributed to chemical hydrolysis of the glucuronide during sample preparation (24). To our knowledge, a validation of hydrolytic procedures for THCCOOglu in body fluids has not yet been performed.

The present data stress the influence of time and

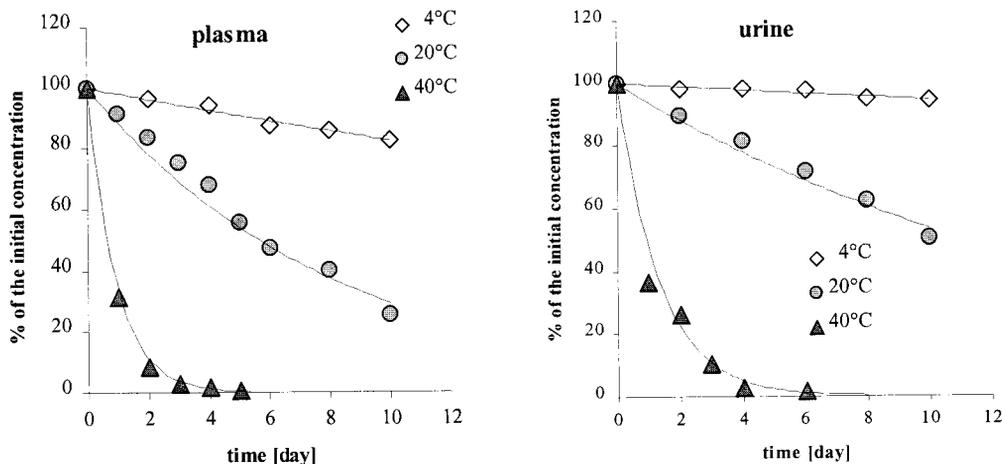


Fig. 2. Recovery of THCCOOglu as a percentage of the initial concentration ( $\mu\text{g/L}$ ) in plasma and urine stored at 4, 20, and 40 °C.

**Table 3. Rate constant and correlation coefficient for THCCOOglu in plasma and urine stored at 4, 20, and 40 °C.**

Storage temperature, °C	Matrix	$k$ , day <sup>-1</sup>	$r$
4	Urine	0.006	0.952
20	Urine	0.063	0.987
40	Urine	0.747	0.968
4	Plasma	0.019	0.988
20	Plasma	0.123	0.985
40	Plasma	1.096	0.992

temperature on the THCCOOglu concentration in stored urine and plasma samples. The rigorous experimental design chosen allowed us to study degradation of the glucuronide under fixed conditions except for temperature and the particular biological matrix. THCCOOglu was stable only at a storage temperature of -20 °C for both plasma and urine. In contrast to stable ether glucuronides, such as morphine glucuronides (25), acyl glucuronides have been reported to be highly reactive because of their intrinsic susceptibility to nucleophilic attack via the ester group linking the parent drug and the glucuronic acid moiety (19). Acyl glucuronides can thus undergo hydrolysis, altering the disposition of the drug in vivo or the metabolite profile in vitro.

In plasma and urine samples, deconjugation of THCCOOglu occurred, even at 4 °C storage. The present results indicate that in vitro THCCOOglu degradation is attributable mainly to chemical hydrolysis but is also influenced by additional processes. In a recent publication, the addition of fluoride/oxalate to plasma samples slowed the hydrolysis of THCCOOglu (26), which indicates that THCCOOglu may be hydrolyzed by enzymatic and chemical mechanisms. In urine, the degradation of THCCOOglu was lower than in plasma, which indicates that plasma proteins may also be involved. A similar observation was reported for acyl glucuronides based on

a comparison of their disappearance in buffer and in solutions of buffered serum albumin (27, 28). Human serum albumin was found to catalyze the hydrolysis of acyl glucuronides, depending on the chemical structure of the aglycone moiety (29, 30). Furthermore, in vitro degradation of the glucuronide or THCCOOH seems evident, as indicated by the sums of their molar amounts in samples stored at 20 and 40 °C.

Instability may be deemed to exist when the mean value measured in the particular sample differs from the limits of the analytical precision (22). The application of this stringent approach to the experimental data showed that THCCOOglu is stable at a storage temperature of 4 °C for ~10 days in urine and 7 days in plasma. Nevertheless, it should be considered that, during these time periods, small amounts of THCCOOH had formed in vitro. At 20 °C, THCCOOglu showed a change in concentration within 2 days of storage.

Stability data derived from a particular biological matrix, linked to the assay precision, are important for reliable interpretation of the analytical results in clinical chemistry and toxicology. Distinguishing genuine metabolite concentrations from results that are influenced by the release of the aglycone during sample storage is important, especially in forensic interpretation of cannabinoid concentrations. This should be reflected not only in stability studies, but should also be considered whenever the ratio of free to conjugated THCCOOH or the amount of free THCCOOH is used to estimate the extent of cannabis use or time of drug consumption (13, 14, 17, 18). To our knowledge, this problem has not been addressed in any quality management protocol. Preliminary investigations on authentic plasma samples derived from a clinical study ( $n = 88$ ) for THCCOOglu and THCCOOH by LC-MS/MS analysis revealed concentration ranges of 3–875  $\mu\text{g/L}$  (mean, 190  $\mu\text{g/L}$ ) and 1–286  $\mu\text{g/L}$  (mean, 52  $\mu\text{g/L}$ ), respectively (unpublished results). From these data it can be concluded that the concentration of THCCOOglu in

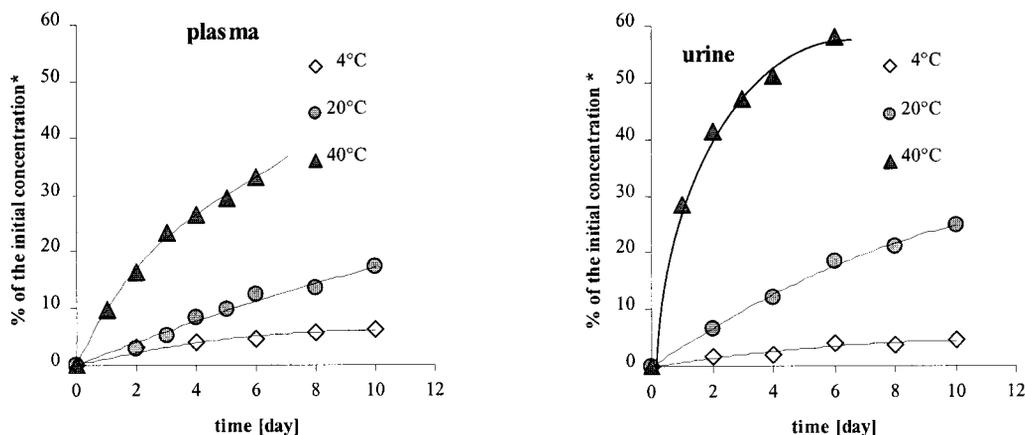


Fig. 3. Formation of THCCOOH in plasma and urine stored at 4, 20, and 40 °C as a percentage of the initial concentration of THCCOOglu.

\*, initial concentration is the molar concentration.

plasma is always several times higher than the concentration of THCCOOH. Two days are frequently required for the transport of a blood sample to a forensic laboratory, and at least 5% of THCCOOglu may have been liberated from the initial THCCOOglu before analysis. Therefore, a mathematical model based on carefully collected and stored samples may fail if applied to blood specimens with an unknown history (14).

In light of the LC-MS/MS results obtained in urine, the presence of free THCCOOH as a reliable marker to identify recent *Cannabis* consumption seems questionable. To overcome preanalytical problems in the practice of forensic toxicology, it would be necessary to cool the samples during transportation. Furthermore, any meaningful measurement of free THCCOOH must be done on samples that have been properly preserved in the frozen state until analysis.

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